

**STUDY ABROAD  
& GLOBAL MOBILITY**



# VIEWBOOK

*Open your world.*



University  
of Regina  
International 

*Go far, together.*



# Go far, *Together.*

Home tuition. Classes away.

Take your studies on the road and explore unique cultures, get a taste for the world, and experience life in another country.

Through the University of Regina's Study Abroad program, you'll have access to a network of over 450 universities in over 70 different countries. Travel the world while earning transfer credits towards your degree.

Consider adding a semester abroad to your collection of memories.

If not now, when?

# HOW DO I STUDY ABROAD?

The University of Regina has several options for students wanting to go abroad during summer break, or during the academic year.

## STUDENT EXCHANGE PROGRAM (SEP)

The SEP program is an established bilateral partnership agreement that allows you to take classes at universities with exclusive partnerships with the University of Regina. Currently, we have over 227 active bilateral agreements that opens the doors for studying in Asia, North America, South America, Europe, and the Oceanic countries.

## CONAHEC (CONSORTIUM FOR NORTH AMERICAN HIGHER EDUCATION COLLABORATION)

This program consists of a consortium of North American Higher Education Collaboration which allows you to access institutions in Canada, the US, Mexico, as well as selected members around the world. With access to 180 member institutions, you can have a study abroad experience at home in Canada or within North America.

## INTERNATIONAL STUDENT EXCHANGE PROGRAM (ISEP)

The ISEP program is offered by a consortium of universities that gives you access access to 300 schools in 60 countries around the globe. Students accepted through this program pay their tuition to the University of Regina and their housing and meals to Luther College prior to departure for their exchange program.

## NATIONAL STUDENT EXCHANGE PROGRAM (NSE)

This program consists is a consortium of universities in the United States, Canada, and US territories that gives you access to schools throughout the US, Canada, Guam, and the US Virgin Islands. Under this program, you have the option of paying your fees to your home or host campus. This is a great way to study away and at home, if you are not ready to be far away from family and friends.

## UNIVERSITY MOBILITY IN ASIA & THE PACIFIC (UMAP)

UMAP provides you a unique study abroad experience, allowing you access to over 23 countries and territories with over 200 member institutions around the world, focusing on Asian and the Pacific regions. This program also offers scholarship opportunities for Canadian students\* to maximize their global education experience.



## FACULTY-LED STUDY TOURS OR SUMMER PROGRAMS

This program encourages faculty members to add an international experiential learning component into a class. If you don't want to be away for too long, you'll have the option to attend creative, interactive short-term summer programs that are either hosted by partner schools or consortium schools from the National Student Exchange program or the International Student Exchange Program.

## GLOBAL INTERNSHIPS


This program is a faculty specific internship administered by the Faculties of Education, Kinesiology, Social Work, and Arts. The Global Internship program allows you to gain academic credit by completing a 15 credit hour internship abroad. You'll work with your faculty placement coordinator, independently, and in tandem with URI Study Abroad to secure your placement.

UR Study Abroad will assist you if you're pursuing a placement at a partner school. You must initiate and finalize any placement that is conducted at a third party organization that the U of R does not have a valid agreement with. All international placements must be approved by Faculty Coordinators before departure.



**For more information about any of these programs, please contact URI Study Abroad by email at [study.abroad@uregina.ca](mailto:study.abroad@uregina.ca), or visit [www.uregina.ca/international/study-abroad](http://www.uregina.ca/international/study-abroad)**

\* Students who are Canadian citizens or have PR in Canada.

where can I study? 

# ASIA

From ancient temples to cities of the future, Asia is rich with great wonders and an unmatched sense of spirituality. Meet amazing people, experience new cultures, witness sublime landscapes, and prepare your taste buds for the best food of your life.



## CHINA

### ANHUI UNIVERSITY

**Location:** Hefei

With a rich and colourful local culture, old-world historic sites, Anhui University's 80 years of university history offers strong Arts, Literature, and Economics courses to its students.

<https://en.ahu.edu.cn/>

### HAINAN UNIVERSITY

**Location:** Haikou

Found in the port-city capital of the island province of Hainan, a mix of Chinese and colonial European architecture is widely seen. Hainan University Offers world-class programs in Agriculture, Engineering, as well as Economics, with research focus on Tropics, Marine, Science, Tourism, and Hainan FTP.

<https://en.hainanu.edu.cn>

### CHINA UNIVERSITY OF PETROLEUM

**Location:** Beijing

Located in the scenic and tourist-friendly region of Changping County, the China University of Petroleum is about 5 miles to the Ming Tombs, and 15 miles to the Great Wall. It offers strong Petroleum Engineering, Computer Science, and Business Management programs, along with Chinese Language Studies.

<https://www.cup.edu.cn/english/>

### JIANGXI UNIVERSITY OF FINANCE & ECONOMICS

**Location:** Nanchang

JUFE is one of the leading universities in Economics and Management nationwide. You'll have the opportunity to take Chinese language and cultural classes in addition to your schedule during your exchange.

<http://english.jxufe.edu.cn/>

### NORTHEAST NORMAL UNIVERSITY

**Location:** Changchun

Located near the Changbai mountains, Northeast Normal University has particularly strong Natural Science, and Arts programs for students to explore.

<https://en.nenu.edu.cn/>

### XIAMEN UNIVERSITY OF TECHNOLOGY

**Location:** Xiamen

Located in the city of Xiamen, the university has strong Humanities, Management, Public Affairs, International Relations, Engineering, and Public Health programs.

<https://english.xmut.edu.cn/>

## HONG KONG

### LINGNAN UNIVERSITY

**Location:** Tuen Mun

One of the global leaders in quality education in Asia, Lingnan University ranks first for "Inbound Exchange Students" in QS Asia University Rankings (2021). Students can find strong focuses in Liberal Arts, Business, and Social Sciences, with emphasis on institutional global engagement efforts.

<https://www.ln.edu.hk/>

“ I stayed in Tokyo, Japan, for one year and my experience was just fantastic. I met so many amazing people, including my teachers and classmates. I loved the multicultural environment. It's by far my most inspiring journey. Every single day was exciting! ”

Xiaobang Li | Faculty of Media, Art and Performance

# JAPAN

## KANSAI GAIDAI UNIVERSTIY

**Location: Osaka**

Located in the city of Osaka, a Japanese Language and Culture Program Preparatory Course (Bekka) is offered for foreign students to help with developing their Japanese language and critical thinking skills. This university is known for their strength in the Humanities and Japanese Language courses.

<https://www.kansaiandai.ac.jp/en/>

## KOBE CITY UNIVERSITY OF FOREIGN STUDIES

**Location: Kobe**

Overlooking the mountains and close to the ocean, this university in a modern city is strong in their International Relations and Language courses.

<https://www.kobe-cufs.ac.jp/english/index.html>

## SOPHIA UNIVERSITY

**Location: Tokyo**

With campus located conveniently within walking distance of the Imperial Palace, the State Guest House, and the world's busiest transport hub, Shinjuku, just a 5 minute train ride away, Sophia University is one of the leading private research universities in Japan. Offering a wide variety of courses taught in English, this welcoming and diverse campus is renowned for their high-quality language education.

<https://www.sophia.ac.jp/eng/>

## TOKYO UNIVERSITY OF FOREIGN STUDIES

**Location: Tokyo**

Located in Japan's capital at a modern and hi-tech campus, TUFS has strong Foreign Language and Culture Studies programs.

<https://www.tufs.ac.jp/english/>

## YAMAGUCHI UNIVERSITY

**Location: Yamaguchi**

Located in the warm climate of southern Japan, students will have access to strong Humanities, Education, and Economics programs.

<https://www.yamaguchi-u.ac.jp/english/index.html>

## TENRI UNIVERSITY

**Location: Tenri**

Located in the countryside and close to the mountains, Tenri University boasts a strong sports program. While studying here, students will enter an intensive Japanese language and culture program, with some classes offered in English.

<https://www.tenri-u.ac.jp/en/>

# SOUTH KOREA

## THE CATHOLIC UNIVERSITY OF KOREA

**Location: Seoul**

Considered to be one of the oldest and most prestigious universities in South Korea, the Catholic University of Korea boasts strong Science, Nursing, and Health Studies, as well as eight affiliated hospitals in major cities across the country.

<https://www.catholic.ac.kr/english/main.do>

## HALLYM UNIVERSITY

**Location: Chuncheon**

With Chuncheon City ranked as one of the best places to live in South Korea, Hallym University offers a wide variety of courses in English. There is no Korean language proficiency requirement. Strong Business, Engineering, International Studies, or Social Science programs can be found here.

[https://en.hallym.ac.kr/exchange\\_en/index.do](https://en.hallym.ac.kr/exchange_en/index.do)

## UNIVERSITY OF ULSAN

**Location: Seoul**

With 15 research institutes on campus, the University of Ulsan offers strong Technology, Business Administration, and Architecture programs.

<https://global.ulsan.ac.kr/en/Main.do>

## INHA UNIVERSITY

**Location: Incheon**

With a long tradition and heritage focused on Natural Sciences and Engineering, generations of engineers, entrepreneurs, and experts in various industrial sectors have come from this campus. Business and Engineering are their spotlight faculties.

<https://eng.inha.ac.kr/eng/index.do>

## KOOKMIN UNIVERSITY

**Location: Seoul**

Located in the vibrant city of Seoul, Kookmin University was the first private university established in South Korea. Offered programs include International Studies, Economics, Fashion Design, Ceramic Art, Visual Communication Design, Music, and Performing Arts.

<https://eng.inha.ac.kr/eng/index.do>

## KYUNGPOOK NATIONAL UNIVERSITY (KNU)

**Location: Daegu**

In the south of South Korea, Daegu is known for its history in textiles, and vibrant traditional markets. As one of Korea's leading national universities, KNU offers programs in Animal and Plant Sciences, Chemical Engineering, Applied Microbiology, Dentistry, and Medicine.

<https://en.knu.ac.kr/main/main.htm>

## KOREA UNIVERSITY

**Location: Sejong**

A new city founded in 2007, Sejong is home to Korea University's second campus. KU is one of South Korea's SKY universities and is known for its excellence in Biomedics, Law and Economics, Business, Global Sport Studies, Science and Technology, and Public Administration programs.

<https://sejong.korea.ac.kr/mbs/home/mbs/eng/index.do>

## PUSAN NATIONAL UNIVERSITY (PNU)

**Location: Busan**

Found in the large port-city known for its beautiful beaches, mountains, and temples, PNU offers strong Science, Engineering, and Pharmacy programs of study. PNU also offer Korean language courses and Buddy Programs for exchange students.

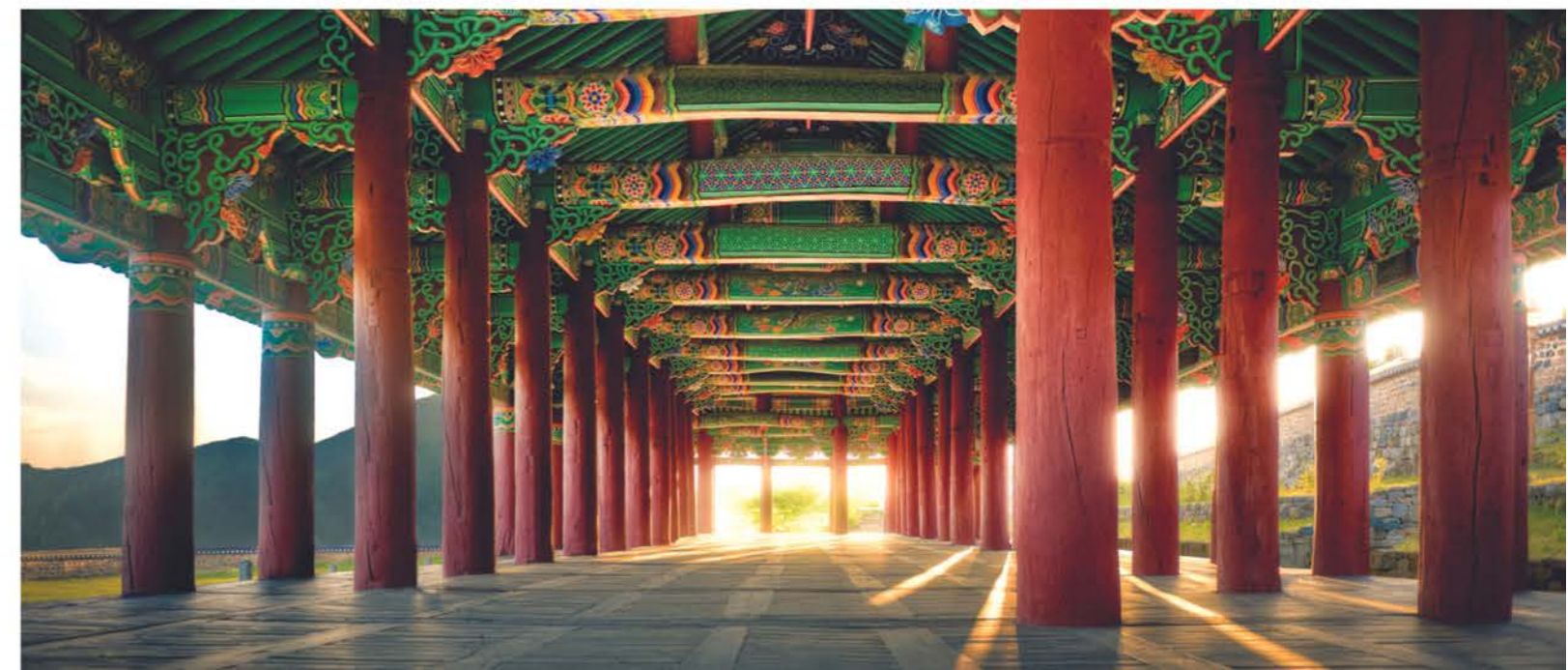
<https://www.pusan.ac.kr/eng/Main.do>

## SOGANG UNIVERSITY

**Location: Seoul**

Sogang University has a thriving international student community and aims to nurture the next generation of creative talents. With strong programs in Humanities and Business, Exchange students are encourage to participate in traditional Korean activities.

<https://sogang.ac.kr/en/home>



# EUROPE

Wherever you go in Europe, it's a feast for the senses. Visit bustling cities, enjoy great cuisine, see astounding art, and lose yourself in the history and romance of the scenery.



## BELGIUM

### UNIVERSITÉ CATHOLIQUE DE LOUVAIN (UCL)

**Location:** Louvan-La-Neuve

As the largest French-speaking university in Belgium, UCL surrounds its students with beautiful architecture and offers study in the Humanities, Health Sciences, and Science and Technology sectors.

<https://uclouvain.be/en/index.html>

## FINLAND

### UNIVERSITY OF JYVÄSKYLÄ

**Location:** Jyväskylä

Found in the lively student city of Jyväskylä, there's no shortage of things to enjoy while you're doing your exchange here. It features strong programs in Human Development and Well-Being, Sport and Health Sciences, and Language and Culture Studies.

<https://www.jyu.fi/en>

## CZECH REPUBLIC

### UNIVERSITY OF NEW YORK IN PRAGUE (UNYP)

**Location:** Prague

Found in the historic capital city of Prague, UNYP received recognition from the Czech Ministry of Education, Youth & Sports for its Business Administration programs. The university also has strong programs in Communications, Finance, IT Management, and Psychology.

<https://www.unyp.cz/>

## FRANCE

### ICN BUSINESS SCHOOL

**Location:** Nancy

Found in the culturally-rich city of Nancy, ICN's ARTEM campus shares its ground with two partner institutions to encourage trans-disciplinary learning practices. Classes are offered in French or English and students may choose to take specialized classes in Finance and Control, Marketing, Auditing, or Organizational Management.

<https://www.icn-artem.com/en/>

## DENMARK

### BUSINESS ACADEMY AARHUS

**Location:** Viby, Aarhus

As the largest business academy in Denmark, it specializes in, of course, Business, but also in IT and technology. Students coming to the Business Academy have the opportunity to be matched with a Buddy to help you get your bearings in Aarhus, and take free Danish lessons.

<https://www.baaa.dk/>

### IESEG SCHOOL OF MANAGEMENT

**Location:** Paris and Lille

As one of the top 10 business schools in France, IESEG courses are offered in English for exchange students and cover areas such as Sustainable Corporate Governance, Global Business Environment, Responsible Leadership, and much, much more.

<https://www.ieseg.fr/>

“ Studying abroad not only opened my world, but allowed me to receive transfer credits for unique classes that aren't offered [at the UofR]. These classes helped me to realize my passion and directed my future studies. ”

Janean Lowenberger | Bachelor of Psychology, Honours

## LYON CATHOLIC UNIVERSITY

**Location:** Lyon

Located in the heart of a regional capital, the Lyon Catholic University courses are delivered in both English and French, with selections from faculties such as Philosophy and Human Sciences, Law, Economics and Social Sciences, Language and Literature, Science, and Theology and Religious Studies.

<https://www.ucl.fr/en/>

## UNIVERSITÉ BRETAGNE SUD

**Location:** Lorient

Found in a seaport city in the northwest of France, the Université Bretagne Sud offers courses in French English in a number of faculties, such as Law, Economics, Literature, Languages, Humanities, Social Sciences, Physical Sciences, and Engineering.

<https://www.ucl.fr/en/>

## GERMANY

### UNIVERSITÄT REGENSBURG

**Location:** Bavaria

Located in historical Bavaria, the Universität Regensburg is a nationally and internationally renowned research and teaching centre that offers English courses in Education, Psychology, Chemistry and Pharmacy, Business, and Law. Students are also offered the opportunity to learn the German language.

<https://www.uni-regensburg.de/>

### FH BIELEFELD UNIVERSITY OF APPLIED SCIENCES

**Location:** Bielefeld

Found just north of the Bavarian Alps, Bielefeld is the third largest city in Germany and boasts beautiful architecture and a rich history. FH Bielefeld University of Applied Sciences has strong programs in Engineering and Architecture.

<https://www.hsbi.de/en>

## UNIVERSITY OF BAYREUTH

**Location:** Bayreuth

Nestled between Nuremberg, Munich, Leipzig, Berlin, and Prague, the culturally-packed countryside city of Bayreuth, and its university, offers students the opportunity to involve themselves in all that the German countryside has to offer. The University of Bayreuth offers strong Science, Business, Language, and Literature programs.

<https://www.uni-bayreuth.de/en>



## UNIVERSITÄT OF OSNABRÜCK

**Location:** Osnabrück

Known as the “Green Metropolis”, the Universität of Osnabrück is known for its strong Landscape Architecture, Horticulture, and Business programs.

<https://www.uni-osnabrueck.de/en/home/>

## UNIVERSITY OF POTSDAM

**Location:** Potsdam

Found in a unique cultural landscape, and in close proximity to Prussian palaces and gardens of old, the University of Potsdam has strong Education, Computer Science, Engineering, and Kinesiology and Health Sciences programs.

<https://www.uni-potsdam.de/en/university-of-potsdam>

## LITHUANIA

### VYTAUTAS MAGNUS UNIVERSITY

**Location:** Kaunas

Known for its Liberal Arts programs, the Vytautas Magnus University offers language courses in over 30 foreign languages.

<https://www.vdu.lt/en/>

## ITALY

### UNIVERSITÀ DI ROMA (LUMSA)

**Location:** Rome

This university, located in the famous “Eternal City”, promotes their strong Philosophy and Education programs.

<https://lumsa.it/en/home>

### CA' FOSCARI UNIVERSITY

**Location:** Venice

Housed in the Venetian Gothic palace of Ca' Foscari, from which the institution gets its name, Ca' Foscari University is a research university and business school. Its strength are in its International and Cultural Studies, Business, and Linguistics programs. Not to mention that students will be immersed in the history and culture that only Venice can offer.

<https://www.unive.it/pag/13526>

## NORWAY

### NORWEGIAN SCHOOL OF SPORT SCIENCES

**Location:** Oslo

Specializing in research in sport sciences, the Norwegian School of Sport Sciences offers program in Outdoor Studies, Coaching and Sport Psychology, Exercise, Health and Performance, and Sport Management. The campus is located near Sognsvann, a lake that's a popular spot for recreational activities, like camping in the summer and cross-country skiing in the winter. Students will also have the opportunity to learn Norwegian while doing their exchange semester in Oslo.

<https://www.nih.no/english/>



## NETHERLANDS

### UNIVERSITY OF TWENTE

**Location:** Enschede

Found in Overijssel, in the east of Norway, the University of Twente is known for its Technology, Science, Engineering, and Social Sciences programs.

<https://www.utwente.nl/en/>

## SCOTLAND

### STRATHCLYDE SCHOOL OF BUSINESS

**Location:** Glasgow

One of the four faculties that make up the University of Strathclyde, the Strathclyde School of Business was the first business school to receive triple-accreditation (AMBA, AACSB, EQUIS) and was the 2019 Times Higher Education Award winner for University of the Year. Along with programs focusing on Business Education and Management, students also have the opportunity to learn the historic Gaelic language.

<https://www.vdu.it/en/>

## SPAIN

### UNIVERSIDAD DEL PAÍS VASCO (UNIVERSITY OF BASQUE COUNTRY)

**Location:** Leioa

Students choosing the Universidad del País Vasco have the opportunity to take advantage of its research foundations but also its Buddy Program to help them get settled. Located in Basque Country, the university offers strong Economics and Engineering programs. Students can also enjoy the rich culinary culture and history of the region.

<https://www.ehu.eus/en/en-home>



### UNIVERSIDAD DE JAÉN

**Location:** Jaén

Located in Andalusia, Universidad de Jaén offers students strong programs in Experimental Sciences, Humanities, and Education. Exchange students are also offered help through the school's Buddy Program to help with settling in on campus in their first few weeks.

<https://www.ujaen.es/>

### UNIVERSIDAD DE MÁLAGA

**Location:** Málaga

Found in Málaga, the hometown of Pablo Picasso, and located in Andalusia, Universidad de Málaga offers students study in a variety of faculties. Classes are delivered in Spanish, so students are encouraged to have a B1 level of proficiency. Not to worry though, as there is a Buddy Program to help students through those first few weeks, as well as Spanish classes to help polish up language skills.

<https://www.uma.es/>

### UNIVERSIDAD PONTIFICIA COMILLAS

**Location:** Madrid

Located in Spain's capital city, Universidad Pontificia Comillas is a private, Catholic institution that boasts strong Law, Social Work, and Industrial Engineering programs. There's no shortage of things to see, do, and taste in Madrid to help round-out the exchange experience.

<https://www.comillas.edu/>

## SWEDEN

### KRISTIANSTAD UNIVERSITY

**Location:** Kristianstad

Home to a biosphere reserve, the Kingdom of Water, and a nature centre, Kristianstad is commuter friendly and offers courses in English. While Kristianstad University's strength is in Business, Engineering, and Ecology programs, it also has a number of programs in the Humanities, Primary Education, and Food and Meal Biology.

<https://www.hkr.se/en/>

The words printed [in books] are concepts.  
You must go through the *experiences.*

St. Augustine

### LINKÖPING UNIVERSITY

**Location:** Linköping

A strong, research-based university that offers strong Arts and Sciences, Education, and Health Sciences, Linköping University has hundreds of course options that are delivered in English. As one of the world's top universities, Linköping University, it finds itself in the historical city of Linköping, which is rife with things to see and do.

<https://liu.se/en>

### MÄLARDALEN UNIVERSITY

**Location:** Västerås & Eskilstuna

Mälardalen University is found in the heart of Sweden, with its campus split by Lake Mälaren: in Västerås, to the north, and in Eskilstuna, to the south. About an hour away from Stockholm, the university offers many programs to exchange students, including Electronics, Science, and Business.

<https://www.mdu.se/en/malardalen-university>

## UNITED KINGDOM

### DE MONTFORT UNIVERSITY (DMU)

**Location:** Leicester

Equipped with state-of-the-art facilities for Health and Life Sciences, DMU also offers incoming exchange students many options in Art, Design and Humanities, Business and Law, and Computing, Engineering and Media. Meanwhile, the City of Leicester has lots of history and culture for students to explore while they're there.

<https://www.dmu.ac.uk/home.aspx>

### UNIVERSITY OF CENTRAL LANCASHIRE (UCLAN)

**Location:** Preston

The University of Central Lancashire is in the top 7% of universities worldwide. Located in the heart of Lancashire, with Preston, where the UCLan campus is located, is at the tip of the pyramid made by Liverpool and Manchester, students can enroll in classes in Arts, Psychology, Film and Media, Business, Education, and much more.

<https://www.uclan.ac.uk/>

### UNIVERSITY OF ESSEX

**Location:** Southend-On-Sea, Colchester Campuses

As one of the top three research schools in the UK, the University of Essex can boast a couple of Nobel Prize laureates as alumni. Best known for their Politics and International Relations, and Economics programs, the University of Essex welcomes exchange students at two campuses, with Colchester being less than an hour away from London.

<https://www.essex.ac.uk/>

### YORK ST. JOHN UNIVERSITY (YSJ)

**Location:** York

Established in 1841, York St. John University welcomes students to its 5 academic schools: School of the Arts, School of Education, Language, and Psychology, School of Humanities, School of Science, Technology, and Health, and the York Business School. With the campus located in the centre of York, there's plenty for students to enjoy around the city.

<https://www.yorksjs.ac.uk/>

## SWITZERLAND

### THE SCHOOL OF MANAGEMENT & LAW

**ZURICH UNIVERSITY OF APPLIED SCIENCES (ZHAW)**

**Location:** Winterthur

The School of Management and Law at ZHAW is one of Switzerland's leading business schools. AACSB and EQUIS accredited, courses in Business Administration, Finance, and Business Law are among the options that are delivered in English.

<https://www.zhaw.ch/en/sml/>



There is a kind of *magicness* about going far away and then coming back all changed.

Kate Douglas Wiggin



where can I study? 🔍

# NORTH AMERICA

The beauty and heat of Mexico, the sophistication of Washington D.C, or the culture of beautiful Quebec; life can be as adventurous as you want it to be. Without being too far from home, you can still embark on the study adventure of your life.

## CANADA

### UNIVERSITÉ LAVAL

**Location:** [Quebec City](#)

In the picturesque capital city of Quebec, Université Laval is the first French-speaking university in North America. All classes are conducted in French.

<https://www.ulaval.ca/>

## UNITED STATES

### UNIVERSITY OF HAWAII AT MANOA (VIA NSE)

**Location:** [Honolulu](#)

On the beautiful island of O'ahu, this beautiful campus features a tropical climate and lush green landscapes. Their notable academic programs include Business, Tourism, Oceanography, Astronomy, and Engineering.

<https://manoa.hawaii.edu/>

## MEXICO

### TECNOLÓGICO DE MONTERREY (ITSEM)

**Location:** [Monterrey & Mexico City](#)

Founded in 1943, the Tecnológico de Monterrey is a private research university that offers strong programs in Sciences, Arts, Engineering, and Business.

<https://tec.mx/es>

### UNIVERSIDAD ANÁHUAC MÉXICO NORTE

**Location:** [Mexico City](#)

Located in the capital city, Universidad Anáhuac México Norte aims to empower people and enrich society by touching on the foundations of Catholic values. The university offers strong Science and Social Science programs, and classes are mostly delivered in Spanish.

<https://tec.mx/es>

### UNIVERSIDAD ANÁHUAC - UNIVERSIDAD DEL MAYAB

**Location:** [Merida](#)

A stone's throw away from ancient Mayan civilization sites, Universidad del Mayab offers exchange students courses in a variety of faculties, like Communication, Architecture and Design, Business, and Health Sciences. Classes are delivered mostly in Spanish.

<https://merida.anahuac.mx/>

### UNIVERSIDAD ANÁHUAC - VERACRUZ CAMPUS

**Location:** [Xalapa](#)

Dubbed "Veracruz Athens" for its various education and cultural institutions, Xalapa is home to the Veracruz campus for Universidad Anáhuac. This campus offers strong Economics, Communication, and Engineering programs.

<https://www.anahuac.mx/veracruz/xalapa>





**UNIVERSIDAD DEL CLAUSTRO DE SOR JUANA**

**Location:** Mexico City

Founded in 1979, the Universidad del Claustro de Sor Juana offers bachelor degrees in 8 areas of study, including Audiovisual Communication, and Gastronomy. Classes are delivered in Spanish and interested students should be at a B2 level of proficiency.

<https://elclauastro.mx/>

**UNIVERSIDAD DEL CLAUSTRO DE SOR JUANA**

**Location:** Mexico City

Founded in 1979, the Universidad del Claustro de Sor Juana offers bachelor degrees in 8 areas of study, including Audiovisual Communication, and Gastronomy. Classes are delivered in Spanish and interested students should be at a B2 level of proficiency.

<https://elclauastro.mx/>

**UNIVERSIDAD DE COLIMA**

**Location:** Colima

Exchange students coming to Universidad de Colima are able to take any courses of their choice during their semester abroad. Classes are mostly conducted in Spanish, with a selection of courses available in English. This institution is open to Nursing students wanting to do an exchange semester.

<https://www.ucol.mx/>

**UNIVERSIDAD IBEROAMERICANA (IBERO)**

**Location:** Mexico City, Leon, Torreón

Offering courses in Architecture, Communications, Computer Science, Graphic Design, Chemistry, and more, Universidad Iberoamericana is equipped with laboratories and workshops and state-of-the-art equipment. Affiliated universities, like Universidad Iberoamericana Torreón and Universidad Iberoamericana León, operate independently of each other.

<https://ibero.mx/>

“ I remember being a shy and soft-spoken student prior to my exchange, but when I returned to Canada, I was a totally different person. Studying abroad has made me very outgoing and outspoken. I am more confident in my communication, and interpersonal and public speaking skills. It was such a superb experience. ”

Leighton Goebel  
Faculty of Business Administration

**UNIVERSIDAD NACIONAL AUTÓNOMA DE MÉXICO (UNAM)**

**Location:** Mexico City

Founded in 1910, UNAM is the largest university in Mexico and Ibero-America. The main campus in Mexico City is home to the National Biodiversity Pavillion and the National Astronomical Observatory, which are just a couple of the points of interest students can visit while studying at UNAM. Here, students can find strong Arts, Sciences, Business, Engineering, and Law programs. Classes are delivered in Spanish and it is recommended for students to have B2 proficiency in the language.

<https://www.unam.mx/>

**UNIVERSIDAD PANAMERICANA - MEXICO CITY (UP)**

**Location:** Mexico City

Established in 1967, Universidad Panamericana is one of the most prestigious universities in Mexico. There are 42 undergraduate programs offered here, with courses in Communication, Law, Business, and Engineering available in English and Spanish. UP also has an International Buddy Program to connect exchange students with UP student to help with getting settled on campus.

<https://ibero.mx/>

**UNIVERSIDAD LA SALLE CANCÚN**

**Location:** Carretera Cancún-Playa del Carmen

Located in Cancún - yes, that Cancún, 7 faculties at Universidad La Salle Cancún are open to exchange students: Business, Humanities and Social Sciences, Law, Chemistry, Engineering; Architecture, Design and Communication; Nursing, Physiotherapy, Sports Science, and Dental Medicine. All classes are delivered in Spanish, and interested students are recommended to have C1 proficiency.

<https://lasallescancun.edu.mx/>

**UNIVERSIDAD POPULAR AUTÓNOMA DEL ESTADO DE PUEBLA (UPAEP)**

**Location:** Puebla City

With classes offered in both English and Spanish, students can take advantage to UPAEP's various programs, such as Economics, Digital Art and Animation, International Trade and Strategy, Gastronomy, Software Engineering, Biotech Engineering, and so much more. A two-week language preparation course is also available to students.

<https://upaep.mx/>

**UNIVERSIDAD DE SONORA**

**Location:** Hermosillo

Located in the center of the state of Sonora, Universidad de Sonora is a public university with a solid research foundation. The Hermosillo campus offers a wide selection of courses to students, including Architecture, Industrial and Systems Engineering, and Marketing. Incoming exchange students will also be able to participate in a Buddy Program to help get them started.

<https://www.unison.mx/>

where can I study?



# SOUTH AMERICA

Get set to explore countries filled with song and soul. With endless natural wonders, anywhere you look is a sight to behold. Marvel at the cultural treasures, experience the diverse societies, and get to know the remarkable and friendly people of South America.

## BRAZIL

### PONTIFÍCIA UNIVERSIDADE CATÓLICA DO RIO GRANDE DO SUL (PUCRS)

**Location:** Porto Alegre

Located in the vibrant, southern city of Porto Alegre, students will have the opportunity to study courses in a number of programs, such as Digital Culture, International Relations, and Translational Medicine. Only a selection of classes are available in English, and while there is no language requirement, incoming students are strongly recommended to have some knowledge of Portuguese.

<https://www.pucrs.br/en/>

### UNIVERSIDADE DE CAXIAS DO SUL (UCS)

**Location:** Caxias do Sul

Located in the subtropical, southern city of Caxias do Sul, UCS offers students a variety of undergraduate programs to participate in. Incoming students will enter a Portuguese immersion program to help them with learning the language. Host Family and University Buddy programs are also offered to help students adjust to life in Brazil.

<https://www.ucs.br/site>

### UNIVERSIDADE FEDERAL DE VIÇOSA (UFV)

**Location:** Viçosa

Starting out as an agriculture and veterinary science college, Ufv has become one of Brazil's prestigious universities, offering 47 different undergraduate programs in fields such as Agronomy, Engineering, Science, and Mathematics. Some courses are delivered in English, but students are strongly encouraged to have some understanding of Portuguese.

<https://www.ufv.br/>

### UNIVERSIDADE DO ESTADO DE SANTA CATARINA (UDESC)

**Location:** Florianópolis

UDESC is found in the southern Brazilian state of Santa Catarina, and is considered one of the best state universities in Brazil. Classes are delivered in Portuguese, with a selection of classes offered in English. Some of these English-taught classes are offered in Business, Education, and Science and Technology. While not mandatory, a good foundation in Portuguese is strongly encouraged.

<https://www.udesc.br/>

Adventure is worthwhile.

Aristotle

## CHILE

### DUOC UC SAN CARLOS DE APOQUINDO

**Location:** Las Condes

Founded in 1968, Duoc UC is a leading technical-professional post-secondary institution. Students can take courses in Business Administration, Design, Gastronomy, Engineering and Natural Resources, Health Studies, and more.

<https://www.duoc.cl/sedes/san-carlos/>

### UNIVERSIDAD DE LA FRONTERA (UFRO)

**Location:** Temuco

As one of Chile's ten best universities, UFRO offers studies through 6 faculties: Medicine, Dentistry, Engineering and Science, Natural Resources, Law and Business, and Education and Social Sciences. Having become an independent institution in 1981, UFRO is committed to scientific and technological research, and the education of citizens to prepare them for their future.

<https://www.ufro.cl/>

## COLOMBIA

### UNIVERSIDAD DE LOS ANDES (UNIANDES)

**Location:** Bogotá

Founded by a collective of Colombian intellectuals in 1948, Universidad de Los Andes is a private research university in Bogotá, a city also known as the "South American Athens". Currently, Uniandes is offering exchange opportunities through its School of Management, with classes being offered in English. Interested students may pursue courses on Entrepreneurship and Innovation, Brand Management, Investment Decisions, and more.

<https://uniandes.edu.co/>

### UNIVERSIDAD DEL MAGDALENA

**Location:** Santa Marta, Magdalena

Located in the port city of Santa Marta, on the Caribbean Sea, Universidad del Magdalena is a public research university with strong programs in Geology, Environmental Studies, and Media and Arts.

<https://www.unimagdalena.edu.co/>

## PERU

### SANTO TORIBIO DE MOGROVEJO CATHOLIC UNIVERSITY

**Location:** Chicalyo

Founded in 1998, the Santo Toribio de Mogrovejo Catholic University opens 4 faculties up to exchange students wanting to do a semester here: Business Administration, Engineering, Health Studies, and Humanities Studies. Lectures are delivered in Spanish and students will be required to provide a language certificate showing upper-intermediate proficiency in the language.

<http://www.usat.edu.pe/>

### UNIVERSIDAD PERUANA DE CIENCIAS APLICADAS S.A.C (UPC)

**Location:** Lima

Beautiful landscapes, and warm people are all part of the UPC experience. Students are able to take courses from 54 programs, including Hospitality and Business Administration, Educational Psychology, and Economics and International Business. Courses are delivered in Spanish. English courses are available, but varies each semester. There is no language requirement but it is advised to have some knowledge of Spanish.

<https://www.upc.edu.pe/>

## ECUADOR

### UNIVERSIDAD DE ESPECIALIDADES ESPÍRITU SANTO (UEES)

**Location:** Guayaquil

Located near Ecuador's west coast, UEES offers courses from their Language and Linguistics, Computer Sciences, and Management programs. The city of Guayaquil is a vibrant city, full of culture and delectable seafood dishes. It is also the gateway to the Galapagos Islands, with day trips readily available to those looking to explore the variety of the islands.

<https://uees.edu.ec/>






# TESTIMONIALS

*Don't just take our word for it.*

 Edinburgh Napier University ...



**Cole Ellis** It sounds corny, but I'm really not the same person I was before I left. I've learned that I'm a lot smarter and more capable than I gave myself credit for—whether that be academically or personally. In fact, I kind of wish in hindsight that I would've chosen to study abroad somewhere else that would have challenged me even more. Stop considering and just do it.

 ART 290JP - Art of Kyoto ...



**Marnie Archer** In a hectic western lifestyle time is spent earning money and giving back to one's community, leaving sparse opportunities for imperfection, free flow and daily connections to nature. Unless, you are intent on noticing and setting aside time for such experiences to be visible to you. Noticing is effortless when you are transported to a land far away, everything is a discovery, and your senses re-imagine what is possible.

 University of Technology - Sydney ...



**Maren Tunison** Although it is hard to leave family and friends behind, taking this opportunity was an easy decision. The study abroad program has allowed me to see the world, gain new experiences, and make friends from multiple cultures, all while gaining a high quality education! If you are thinking about studying abroad, my advice is to just give it a go! I keep coming back to this one saying that says - it's better to miss home, than miss out on the world.



## 1 DECIDE WHERE YOU WANT TO GO & FIND OUT IF YOU'RE ELIGIBLE

To be eligible, you must:

- Have completed a minimum of 30 credit hours
- Maintain an overall GPA of 70%
- Not be on academic probation
- Be in good academic standing

Speak to your academic advisor about how an exchange will fit into your academic program, and how the transfer credit process will work.

## 2 APPLY ONLINE

### APPLICATION DEADLINES

To go abroad for a Fall semester: March 1

To go abroad in the Spring/Summer: Varies

To go abroad for a Winter semester: Sept. 15

If the deadline date falls on a weekend or holiday, the applications are due on the preceding business day.

## 3 SUBMIT YOUR DOCUMENTS

Application documents include:

- Program-specific application forms
- Non-refundable application fee
- Copy of passport
- Academic reference
- Statement of Purpose
- Official transcripts request from the Registrar's Office (requested through UR Self-Service)

## 4 GET NOMINATED, GET ACCEPTED

Our office will nominate to your top-choice schools, and when you're accepted to a host institution, complete the provided acceptance package for your exchange program.

## 5 APPLY FOR SCHOLARSHIPS

<https://www.uregina.ca/international/study-abroad/outbound/index.html>  
<https://www.uregina.ca/cost-aid/funding/undergraduate-scholarships/sams.html>

## 6 ATTEND YOUR PRE-DEPARTURE SESSION

Find out how to prepare your time abroad and stay safe while you're traveling. Sessions can also be attended by parents of students going abroad.

## 7 PACK YOUR BAGS AND GO!

# SCHOLARSHIP

## SASKATCHEWAN INNOVATION OPPORTUNITY SCHOLARSHIP (SIOS) & THE GLOBAL EDUCATION SCHOLARSHIP (GES)



If you're ready to experience classes in another university, in a different part of the world, the Global Education Scholarship can help you get there. The GES can also be put towards graduate-level conference attendance, and study tours!

**You may be eligible for UR International's Global Education Scholarship if you meet the following criteria:**

- participating in a university-related international travel experience
- minimum CGPA of 70%
- completion of 30 credit hours prior to departure
- enrolled full-time in the semester prior to the exchange term

# OPPORTUNITIES

