



International students have many responsibilities once they arrive in Canada. This new student arrival checklist will cover the key tasks you need to complete once you arrive in Regina!

IMMIGRATION



- Secure your immigration / travel documents in a safe place where they will not get lost or damaged
- Ensure to check and take note of the expiry dates of your immigration / travel documents
- Submit electronic copies of your immigration / travel documents to UR International
- Check in with our UR International team members for support and guidance during your transition to life in Canada

ACADEMIC



- Visit your faculty and book an appointment with your Academic Advisor to discuss your academic plan for success
- Confirm your class schedule and review important dates / deadlines, your class syllabus, and locations for your classes
- Get your University of Regina student ID card by submitting a request through UR Self-Service
- Visit Financial Services (AH 205) to learn about your student financial account and pay your tuition
- Activate your UofR email account by visiting the Information Services website
- Confirm your required textbooks and purchase them through the Campus Store
- Login to UR Self-Service and update your contact information (address, email, phone number, emergency contact)
- Explore academic support services across campus that are available to support your educational journey

TRANSITION & LIFESTYLE



- Register for and attend Orientation
- Apply for your Saskatchewan Health Card
- Learn about the URSU Health & Dental Plan
- Open a Canadian bank account
- Set up personal telephone service
- Connect with an International Peer Advisor
- Complete "University Onboarding for International Students" in UR Courses

Please contact our UR International Student Services team for support with the items in the Transition & Lifestyle checklist.



STAY UP TO DATE



Scan the code to subscribe to UR Global Connection - our monthly newsletter offering updates and highlights of exciting events, activities, and news!



VISIT OUR WEBSITE



View ways to contact our team, book appointments, and learn about all the free transitional support that is tailored to your international experience!