KHS Faculty Unit Review

Appendix 6.c

Bachelor of Sport and Recreation Studies Course Description

Bachelor of Sport and Recreation Studies	
CORE REQUIRED COURSES 81 CR:	DESCRIPTION:
KIN 105	KIN 105: Indigenous Health and Sport in Historical Perspective This course introduces students to current challenges facing Indigenous people in North America using sport and health as its central themes. The course provides a survey of topics from prehistory to current events. Another focus is the participation of students in Indigenous cultural events.
KIN 110	KIN 110: Sociology of Sport, Recreation and Physical Activity This course examines selected topics related to the sociology of sport and physical activity. The emphasis of the course is on understanding the construction and organization of sport in modern societies and the social and cultural influences or sport and physical activity, particularly in Canadian society.
KIN 115	KIN 115: Introduction to Sport and Exercise Psychology An introduction to the theoretical and practical understanding of the behavioural aspects of physical activity from a sport and exercise psychology perspective.
KIN 170	KIN 170: Lifestyle, Health and Wellness The factors which affect and individual's health will be examined and the potential role of lifestyle choices in the maintenance of health will be discussed. This course will enable the student to become an informed, responsible, active participant in one's own health. * Note: Students will not receive credit for both KIN 170 (KHS 170) and KIN 171 (KHS 171)
KIN 220	KIN 220: Research Methods in Kinesiology and Health Studies Focus on various research methods and statistical analyse used in Kinesiology and Health Studies. Emphasis on ability to read and understand published research. Course focuses o basic research methods, experimental and non-experimental designs, and basic statistical analyses students will encount in most Kinesiology and Health Studies research. Emphasis is placed on becoming a critical consumer (read, understand and critique) of research. Students are expected to design their own research project to answer a relevant research question for their own area of interest. ***Prerequisite: One of SOST 201, STAT 100 or STAT 160, and one of ENGL 100 or KIN 101.***
KIN 420	KIN 420: Diversity Issues in Kinesiology, Health, Sport and Recreation This course examines the relationship between the diversity of the Canadian population and involvement in sport, recreation, exercise and/ or physical activity. Specific areas of focus might include gender, race, ethnicity, sexuality, age, ability, social class, body type, and religion. Current issues will be used for discussion and illustration. ***Prerequisite: Completion of 60 credit hours, including KIN 110, and KIN 120.***

CORE REQUIRED	DESCRIPTION:
COURSES:	
KIN 220	KIN 220: Research Methods in Kinesiology and Health Studies Focus on various research methods and statistical analyses used in Kinesiology and Health Studies. Emphasis on ability to read and understand published research. Course focuses on basic research methods, experimental and non-experimental designs, and basic statistical analyses students will encounter in most Kinesiology and Health Studies research. Emphasis is placed on becoming a critical consumer (read, understand and critique) of research. Students are expected to design their own research project to answer a relevant research question for their own area of interest. ***Prerequisite: One of SOST 201, STAT 100 or STAT 160, and one of ENGL 100 or KIN 101.***
SRS 105	Introduction to Sport and Recreation Management
	An introduction to the administration of recreation and sport at the local, provincial, and national level.
SRS 110	SRS 110 - Recreation and Leisure Theory
	Focus on the role of leisure and recreation in society emphasizing an understanding of the delivery system and the leisure
	phenomenon.
SRS 115	SRS 115 - Leadership
	This course will provide the student with an in-depth theoretical and practical exploration of the concepts associated with
	leadership and human motivation in the organizational environments associated with kinesiology, health, recreation, and
CDC 120	sport. SRS 120 - Introduction to Recreation for Persons with Disabilities
SRS 120	This course will broadly introduce the student to the diagnosis, associated characteristics, and shifting sociocultural
	paradigms that influence the experiences of persons with physical, intellectural and/or developmental disabilities. Using
	an active living approach to situate theoretical and practical learning, this course requires the student to exercise the
	application of adapted physical activity principles to engage children, youth, and yound adults in physical activities that are
	safe, challenging, and self- determined with a focus on success.
SRS 215	SRS 215 - Volunteer Management
	The focus of this course is the management of voluntary/ non-profit sport or recreation organizations. The management of
	key resources, including volunteers and finances, will be covered. Additionally, the current context of these organizations
	will be discussed.
	*** Prerequisite: SRS 105 (KHS 140) and SRS 115 (KHS 156) ***
SRS 220	SRS 220: Program Delivery and Management
	An examination of the planning process and various program applications in the sport, recreation, and physical activity
	delivery systems. *** Prerequisite: SRS 105 (KHS 140)***
	Freieduisite: 3/03 100 (KH3 140)

CORE REQUIRED	DESCRIPTION:
COURSES:	
SRS 320	SRS 320: Current Issues in Kinesiology, Sport, Recreation and Leisure This course is designed to allow students to identify, discuss, and address current sociological, organizational, economic, ethical, philosophical or cultural issues related to the fields of kinesiology, sport, recreation and leisure. ***Prerequisite: KIN 110 (KHS 154); SRS 105 (KHS 140), SRS 110 (KHS 141), SRS 115 (KHS 156)***
THRC 200	THRC 200 - Therapeutic Recreation Foundations This course will provide the student with an introduction to the field of Therapeutic Recreation. More specifically, the course is designed to provide an introduction to the foundations, history, and development of the profession of Therapeutic Recreation. Students will be supported in their journey to understand the specialized area of expertise that makes Therapeutic Recreation unique within the health professions. ***Prerequisite: KIN 120***
CHOOSE ONE OF KIN 101 OR ENGL 100	KIN 101 - Writing and Discourse for Academia The course introduces students to the University of Regina and Faculty of KHS community, culture, services, and opportunities. The course focuses on variety of approaches to reading, writing and researching with the intent to develop the student's overall communication skills. Emphasis is placed on critical thought and effectively communicating well-developed ideas when writing research papers, and how to formulate, organize, and present meaningful academic arguments.
	ENGL 100 - Critical Reading and Writing I This course develops students' proficiency in critical reading and writing through the study of a wide range of non-literary and literary texts, and the study of composition, with emphasis on connections between modes of reading and writing. *Note: Students who are planning to repeat ENGL 100 should seek academic advising before doing so*

CORE REQUIRED	DESCRIPTION:
COURSES:	
ONE OF STAT 100, STAT 160	STAT 100 - Elementary Statistics for Applications
OR SOST 201	An introduction to statistical methods; descriptive statistics; the normal distribution; basic techniques of statistical inference; confidence intervals and hypothesis tests for population means and proportions; simple linear regression; and one-way analysis of variance.
	***Prerequisite: Foundations of Math 20 or Precalculus 20 or Apprenticeship & Workplace Math 30 or MATH A30 or
	AMTH 091 or MATH 101*** *Note: STAT 100 and STAT 200 are designed to provide a year-long introduction to statistical methodology with a view towards applications and are not intended for majors in statistics, actuarial science, or any other program requiring a detailed knowledge of statistics. Students who receive credit for STAT 100 may not receive credit for STAT 160*
	STAT 160 - Introductory Statistics
	A comprehensive introduction to probability, probability distributions, sampling distributions, basic techniques of
	statistical inference, analysis of variance, linear regression, inference for categorical variables, and nonparametric statistics. ***Prerequisite: Precalculus 30, or MATH B30 and MATH C30, or MATH 127***
	*Note: STAT 160 is designed to provide a comprehensive single semester introduction to statistical techniques and is
	intended for students majoring in statistics, actuarial science, or any other program requiring a detailed knowledge of statistics. Students who receive credit for STAT 160 may not receive credit for STAT 100 or STAT 200*
	SOST 201 - Statistics and Software for the Social Sciences
	This course introduces students to the basic methods of statistics with applications in the social sciences and the use of
	computer software for data management, manipulation and (univariate and bivariate) statistical analysis.
	Prerequisite: Completion of 12 credit hours or SOC 100 or permission of the Department Head
	Note: It is recommended that sociology majors take SOST 201 and 203 concurrently in the Fall semester.

CORE REQUIRED	DESCRIPTION:
COURSES:	
ONE OF: PHIL 270, PHIL 272, PHIL 273, PHIL 276, OR KIN 205	PHIL 270 - Ethics A critical introduction to the problems of moral philosophy, such as good and evil, virtue and vice, right and wrong, and related moral concepts. Readings will normally be selected from the following philosophers: Plato, Aristotle, St. Augustine, Aquinas, Hume, Kant, Hegel, Mill and Nietzsche. *** Prerequisite: PHIL 100 or completion of 15 credit hours ***
	PHIL 280 - Philosophy Through Film An introduction to philosophy through an examination of philosophical issues as they occur in film and other visual media. *** Prerequisite: Philosophy 100 or 15 credit hours. ***
	PHIL 273 - Biomedical Ethics A philosophical examination of such issues as the definition and determination of death, rights of dying persons, euthanasia and natural death, and such moral questions in the physician-patient relationship as confidentiality, truth-telling and coercion against religious belief. *** Prerequisite: PHIL 100 or completion of 15 credit hours ***
	PHIL 276 - Professional Ethics Philosophical consideration of ethical problems which arise in the context of the conduct of various professions. Areas may include justice, business ethics, biomedical ethics, ethics of education, ethics of privacy and confidentiality (with applications to journalism, social work, psychology), and environmental ethics. *** Prerequisite: PHIL 100 or completion of 15 credit hours *** Note: Students may receive credit for only one of PHIL 276 or JS 276.*
	KIN 205 - Applied Philosophy in Kinesiology and Health Application of philosophilcal theories and concepts to kinesiology and health. ***Prerequisite: Completion of 15 credit hours, including ENGL 100 or KIN 101.***
KHS 100	KHS 100 - Seminar in Kinesiology and Health Studies An introductory seminar to the University and the Faculty of Kinesiology and Health Studies. Students will be introduced to a variety of services available to them and their roles and responsibilities as members of the university community. The seminar will also provide students with degree and career related opportunities. *Note: This required course must be completed within one year of admission to the Bachelor of Kinesiology. * Note: This required course must be completed within one year of admission to the Bachelor of Kinesiology program. Normally offered in fall semester only. *
KHS 300	KHS 300 - Pre-Fieldwork Seminar This non-credit mandatory pre-fieldwork seminar will provide the student with an in-depth overview of the Fieldwork Program within Kinesiology and Health Studies. Students will gain an understanding of the policies, procedures, rules, and responsibilities of the student, faculty, and agency. ***Prerequisite: Completion of 60 credit hours***

CORE REQUIRED COURSES:	DESCRIPTION:
SIX Electives (May include	KHS 131:Philosophy and Practice of Yoga and T'ai Chi
two activity-based courses	A study of the philosophical and practical aspects of movement through yoga and t'ai chi. This course will incorporate
from KHS 131, KHS 132, KHS	fundamental principles of flexibility training and proper technique.
135, KHS 231, KHS 232, KHS	* Note: This is an applied activity-based course. *
233	KHS 132: Recreational Sport in an Aquatic Environment
	An introduction to various recreational or sport related activities that use water as a medium. This course will focus on
	water related safety skills, and the development of knowledge and skill in a variety of aquatic-based activities; the course
	may include water polo, swimming, canoeing, synchronized swimming, and diving.
	* Note: Cannot take for credit if completed KHSA 110 unless prior permission received from Program Chair/Associate
	Dean. Normally offered in fall semester only. *
	KHS 135: Personal Fitness and Wellness
	The study and practice of effective performance in physical fitness and wellness. This course will include the development
	of skill, knowledge and attitude in the areas of nutrition, flexibility training, strength training, and aerobic training.
	Theoretical and practical application of wellness principles as they relate to personal well-being is foundational.
	* Note: Cannot take for credit if completed KHSA 116, KHSA 119, and/or KHSA 120, unless prior permission is received
	from the program Chair/Associate Dean. Normally offered in fall semester only. *
	KHS 231: Educational Gymnastics
	The study and practice of effective performance in educational gymnastics. Through theoretical and practical experiences,
	students will learn the application of Basic Movement Variables, Basic Movement Patterns, Performance Cues,
	appropriate methods of analysis, and instruction of performance in educational gymnastics. *** Prerequisite: KHS 139 ***
	* Note: Cannot take for credit if completed KHSA 107 unless prior permission received from Program Chair/Associate
	Dean. Normally offered in fall semester only.
	KHS 232: Rhythmics and Dance
	The study and practice of effective performance in rhythmics and dance. Through theoretical and practical environments,
	students will learn the application of Basic Movement Variables, Basic Movement Patterns, Performance Cues,
	appropriate methods of analysis, and instruction in rhythmics and dance.
	*** Prerequisite: KHS 139 ***
	* Note: Cannot take for credit if completed KHSA 108 and/or KHSA 109, unless prior permission received from Program
	Chair/Associate Dean. Normally offered in winter semester only. *

CORE REQUIRED COURSES:	DESCRIPTION:
SIX Electives (continued)	KHS 233: Developmental Games and Sports The study and practice of educational and developmental appropriate experiences to learning and teaching games and sports. Through theoretical and practical experiences students will learn the application of Basic Movement Patterns, Basic Movement Variables, Performance Cues, appropriate methods of analysis, and instruction in developmental games and sports. *** Pre-requisite: KHS 139 *** * Note: Cannot take for credit if completed KHSA 103, KHSA 104, KHSA 106, and/or KHSA 112, unless prior permission received from Program Chair/ Associate Dean. Normally offered in fall semester only. *

CORE REQUIRED COURSES:	DESCRIPTION:
KHS 400 (9 Credits)	KHS 400: Fieldwork Students will be given the opportunity to apply their knowledge in a specific professional role related to their major. The Fieldwork experience will be undertaken by the student under supervision of a mentor/host professional and the fieldwork coordinator. The placement is a minimum of 14 weeks full time. This component is Pass/Fail, and must be taken concurrently with KHS 405 (Fieldwork Project). *** Prerequisite: KHS 300, completion of 75 credit hours within the program; completion of required major courses; a minimum 60% PGPA; and, a minimum 65% major GPA.***
KHS 405 (6 Credits)	KHS 405: Fieldwork Project This course offers the senior sport and recreation management, therapeutic recreation and kinesiology student with the opportunity to use their knowledge in skill in a professional setting. Further, students will learn about professional environments through a program and service delivery lens. Seminar-based discussions will help students critically analyse their experiences, appreciate and examine various perspectives, and develop theoretical and practical ideas for their projects. ***Corequisite: KHS 400*** *Note: KHS 400 and KHS 405 must be taken concurrently.*

Sport	and Recreation Management Major (39 Credit Hours)
MAJOR REQUIRED COURSES:	DESCRIPTION:
SRS 130	SRS 130: Junior Practicum in Sport and Recreation Management An introductory practicum experience that will introduce students to professional roles within sport and recreation management. Students will engage in work related experiences on campus for an average of 9 hours per week over the course of the semester.
SRS 230	SRS 230: Venue and Event Management Examination of venue and event management processes with a focus on developing skills and gaining knowledge to critically assess events and facilities in terms of current management best practices. It will also examine the nature and importance of and relationship between venues and events in sport and recreation. The course may also touch on issues related to legal, ethical, and socially responsible management as it relates to facilities and events. ***Prerequisite: SRS 105 (KHS 140) and SRS 115 (KHS 156)*** ***Prerequisite/Corequisite: SRS 220 (KHS 243)***
SRS 340	SRS 340: Governance and Legal Issues in Third Sector Organizations This course is designed to investigate the legal issues and management of risk in the sport and recreation delivery systems. This course will provide a basic understanding of the governmental systems and governing bodies that influence the delivery of recreation services and legal issues students will likely encounter in their future professions. ***Prerequisite: 60 credit hours***
SRS 440	SRS 440: Applied Sport and Marketing and Sponsorship Development This course is an examination of (a) the fundamental principles used in the marketing and sponsorship of sport and recreation organizations and events, and (b) the centrality of service quality in the marketing of sport and recreation organizations and events. ***Prerequisite: SRS 110, SRS 220 and BUS 210***
BUS 210	BUS 210 - Introduction to Marketing This course presents the fundamentals of marketing theory and application. Starting at a societal level, it works through environmental scanning, explores the differences between consumer and business customer groups, followed with a strategic focus on segmentation, targeting and positioning. Tactical applications of the marketing mix are then addressed – product, price, place and promotion. Attention is also directed to ethical and legal considerations. ***Prerequisite: BUS 100 (or ADMN 100) and BUS 260 (or ADMN 260). Concurrent enrolment is allowed in BUS 260.***

MAJOR REQUIRED COURSES:	DESCRIPTION:
BUS 250	BUS 250 - Introduction to Human Resource Management and Industrial Relations This introductory course addresses basic concepts and processes of the field of human resource management. Topics include: human resource planning, job analysis, recruitment, selection, orientation, training and development, performance management, compensation management, workplace health and safety, and employee and labour relations. ***Prerequisite: BUS 100 (or ADMN 100) and BUS 260 (or ADMN 260).*** *Note: Students may only received credit for one of BUS 250, ADMN 250, or NSLI 310.*
BUS 260	BUS 260 - Introduction to Organizational Behaviour This introductory course addresses the basic concepts and processes of organizational behaviour. Topics will include: individual level variables, such as perception, personality, attitudes, and motivation; interpersonal and group processes, such as communication, teams, leadership, and power; and, organizational level factors such as organizational design, culture, and change. ***Prerequisite: ENGL 100, or ACAD 100, or KIN 101.*** *Note: Students may not receive credit for both BUS 260 and ADMN 260.*

BUS 285	BUS 285 - Introduction to Financial Accounting This course presents the fundamentals of financial accounting theory and practice at the introductory level. Basic accounting principles, their application in modern business organizations, and the preparation of business records and financial reports are considered. ***Prerequisite: ECON 201 or ECON 100*** *Note: Students may not receive credit for both BUS 285 and ADMN 285.*
ECON 100 (or Econ 201)	ECON 100 - Introduction to Economic Issues Basic economic concepts are used to explore current economic issues such as unemployment, inflation, trade disputes, the crisis in agriculture, pollution reduction, and health care. *Note: Students who have received credit for either ECON 201 or 202, or any ECON course numbered 300 or higher may not take ECON 100 for credit.*
ECON 238	ECON 201 - Introductory Microeconomics Theory of how individual consumers and firms behave in a market economy. Emphasis is on evaluating how well markets deliver efficient and fair outcomes. ***Prerequisite: 15 credit hours or ECON 100 or Pre-Calculus 20 (or equivalent)*** *Note: Students who have already received credit for both ECON 201 and ECON 301 may not retake ECON 201 for credit.*

MAJOR REQUIRED COURSES:	DESCRIPTION:
CHOOSE THREE FROM: SRS 360, SRS 351, SRS 450, SRS 460, SRS 465 (KHS 443), BUS 205, BUS 288, BUS 290, BUS 312, BUS 317, BUS 414, CTCH 213, CTCH 214, any LG course, any PR Course	SRS 360:Outdoor Recreation Skill Development and Wilderness Experience This experientially based course enables students to develop proficiencies in camping, canoeing, and orienteering through both theory and practice. Active participation in a one-week field trip in northern Saskatchewan is mandatory for all students. * Note: Materials fee \$65. This course is cross-listed with EOE 339; credit may only be received for one of these courses. *
	SRS 351: Sport, Recreation and Leisure Tourism The course examines sport, recreation and leisure tourism from a multidisciplinary perspective (economic, social, cultural, environmental, organizational, managerial). The course explores multiple outcomes and implications of tourism. ***Prerequisite: SRS 220 or permission of the Associate Dean (Undergraduate) or designate*** *Note: Primary mode of delivery will be online*
	SRS 450: Sport and Recreation Management Consulting Experience This course is designed to develop professional practice skills in sport and recreation management through the development and implementation of community-based project. ***Prerequisite: Minimum 60 credit hours completed, including all required SRM major courses, KIN 220, and minimum 70.00% major GPA.*** SRS 460: Outdoor Recreation Resource Management Historical antecedents and current issues and practices in the use and management of parks, forests, wilderness areas, and other North American outdoor resources for recreation activity. *** Prerequisite: SRS 220 (KHS 243) ***

MAJOR REQUIRED COURSES:	DESCRIPTION:
CHOOSE THREE FROM (continued)	SRS 465: Commercial Recreation Management An investigation of commercial recreation, sport organizations, and facilities including their philosophy, history, and personnel requirements. *** Prerequisite: SRS 220 (KHS 243) ***

Sport and Recreation Management Internship

MAJOR REQUIRED COURSES:	DESCRIPTION:
KHS 001	SRS 130: Junior Practicum in Sport and Recreation Management An introductory practicum experience that will introduce students to professional roles within sport and recreation management. Students will engage in work related experiences on campus for an average of 9 hours per week over the course of the semester.
KHS 002	SRS 230: Venue and Event Management Examination of venue and event management processes with a focus on developing skills and gaining knowledge to critically assess events and facilities in terms of current management best practices. It will also examine the nature and importance of and relationship between venues and events in sport and recreation. The course may also touch on issues related to legal, ethical, and socially responsible management as it relates to facilities and events. ***Prerequisite: SRS 105 (KHS 140) and SRS 115 (KHS 156)*** ***Prerequisite/Corequisite: SRS 220 (KHS 243)***
кнѕ	SRS 340: Governance and Legal Issues in Third Sector Organizations This course is designed to investigate the legal issues and management of risk in the sport and recreation delivery systems. This course will provide a basic understanding of the governmental systems and governing bodies that influence the delivery of recreation services and legal issues students will likely encounter in their future professions. ***Prerequisite: 60 credit hours***
SRS 440	SRS 440: Applied Sport and Marketing and Sponsorship Development This course is an examination of (a) the fundamental principles used in the marketing and sponsorship of sport and recreation organizations and events, and (b) the centrality of service quality in the marketing of sport and recreation organizations and events. ***Prerequisite: SRS 110, SRS 220 and BUS 210***

MAJOR REQUIRED COURSES:	DESCRIPTION:
SRS 450	SRS 450 - Sport and Recreation Management Consulting Experience This course is designed to develop professional practice skills in sport and recreation management through the development and implementation of community-based project. ***Prerequisite: Minimum 60 credit hours completed, including all required SRM major courses, KIN 220, and minimum 70.00% major GPA.***
BUS 210	BUS 210 - Introduction to Marketing This course presents the fundamentals of marketing theory and application. Starting at a societal level, it works through environmental scanning, explores the differences between consumer and business customer groups, followed with a strategic focus on segmentation, targeting and positioning. Tactical applications of the marketing mix are then addressed – product, price, place and promotion. Attention is also directed to ethical and legal considerations. ***Prerequisite: BUS 100 (or ADMN 100) and BUS 260 (or ADMN 260). Concurrent enrolment is allowed in BUS 260.***
BUS 250	BUS 250 - Introduction to Human Resource Management and Industrial Relations This introductory course addresses basic concepts and processes of the field of human resource management. Topics include: human resource planning, job analysis, recruitment, selection, orientation, training and development, performance management, compensation management, workplace health and safety, and employee and labour relations. ***Prerequisite: BUS 100 (or ADMN 100) and BUS 260 (or ADMN 260).*** *Note: Students may only receive credit for one of BUS 250, ADMN 250, or NSLI 310.*

MAJOR REQUIRED COURSES:	DESCRIPTION:
BUS 260	BUS 260 - Introduction to Organizational Behaviour This introductory course addresses the basic concepts and processes of organizational behaviour. Topics will include: individual level variables, such as perception, personality, attitudes, and motivation; interpersonal and group processes, such as communication, teams, leadership, and power; and, organizational level factors such as organizational design, culture, and change. ***Prerequisite: ENGL 100, or ACAD 100, or KIN 101.*** *Note: Students may not receive credit for both BUS 260 and ADMN 260.*
BUS 285	BUS 285 - Introduction to Financial Accounting This course presents the fundamentals of financial accounting theory and practice at the introductory level. Basic accounting principles, their application in modern business organizations, and the preparation of business records and financial reports are considered. ***Prerequisite: ECON 201 or ECON 100*** *Note: Students may not receive credit for both BUS 285 and ADMN 285.*

MAJOR REQUIRED COURSES:	DESCRIPTION:
ECON 100 or Econ 201	ECON 100 - Introduction to Economic Issues Basic economic concepts are used to explore current economic issues such as unemployment, inflation, trade disputes, the crisis in agriculture, pollution reduction, and health care. *Note: Students who have received credit for either ECON 201 or 202, or any ECON course numbered 300 or higher may not take ECON 100 for credit.* ECON 201 - Introductory Microeconomics Theory of how individual consumers and firms behave in a market economy. Emphasis is on evaluating how well markets deliver efficient and fair outcomes. ***Prerequisite: 15 credit hours or ECON 100 or Pre-Calculus 20 (or equivalent)*** *Note: Students who have already
	received credit for both ECON 201 and ECON 301 may not retake ECON 201 for credit.*

Choose 3 from: SRS 360, SRS 351, SRS 450, SRS 460, SRS 465 (KHS 443), BUS 205, BUS 288, BUS 290, BUS 312, BUS 317, BUS 414, CTCH 213, CTCH 214, any LG course, any PR Course.

	Therapeutic Recreation Major – 39 Credit Hours	
MAJOR REQUIRED COURSES:	DESCRIPTION:	
PSYC 101	PSYC 101 Introductory Psychology : Social, Developmental, and Clinical Focus An introduction to the study of adjustment, disorders, development, personality and the social environment of the person.	
PSYC 102	PSYC 102 Introductory Psychology: Biological and Cognitive Focus An introduction to the study of brain and behaviour, perception, learning, memory, cognition, motivation and emotion.	
PSYC 230	PSYC 230 - Personality Psychology A survey of theory and research related to individual differences in thinking, feeling, and behaving. ***Prerequisite: PSYC 101 and 102***	
PSYC 333	PSYC 333 - Abnormal Psychology The course focuses on the psychological study of mental disorders such as depression, anxiety disorders and schizophrenia. ***Prerequisite: PSYC 101 and PSYC 102 and completion of 60 credit hours***	
MAJOR REQUIRED	DESCRIPTION:	
COURSES:		
SRS 241	SRS 241 - Social Construction of Disability This course will enable the student to critically explore the traditional and contemporary understanding of disability, as a social construction, from a variety of perspectives: educational, socio-psychological, historical, socio-political, gender and community. Through this course, students will be able to contextualize disability within a broader social context. ***Prerequisite: KIN 120 *** * Note: This course is crosslisted with KIN 241***	
KIN 260	KIN 260 - Human Anatomy The study of human anatomy and the application of this knowledge to movement and physical activity. Although the course will focus on muscular and skeletal anatomy, basic anatomy of all systems will be covered.	
KIN 267	KIN 267 - Human Physiology I An introductory class that deals with cellular mechanisms and some of the functions and interactions between major physiological systems of the human body. ***Prerequisite: KIN 260*** *Note: Students with KIN 260, KIN 267 and KIN 268 cannot take for credit KIN 261 and KIN 262, or BIOL 110 and BIOL 111*	

MAJOR REQUIRED COURSES:	DESCRIPTION:
THRC 245	THRC 245 - Assessment in Therapeutic Recreation This course will provide the student with an introduction to assessment in therapeutic recreation. Students will be afforded opportunities to learn about assessment principles and practices as well as the use of outcome measurement as an evaluative tool in therapeutic recreation. ***Prerequisite: KIN 120*** ***Prerequisite/Corequisite: THRC 200*** *Note: This course is crosslisted with KIN 245.*
THRC 300	THRC 300 - Interventions in Therapeutic Recreation This course examines the therapeutic recreation intervention process with emphasis on the various forms of interventions and strategies used to elicit changes in physical, social, emotional, and cognitive functioning for persons with disabilities, limitations or age-related conditions. ***Prerequisite: THRC 200***
THRC 447	THRC 447 - Therapeutic Recreation: Professional Issues Seminar A critical examination of historical and contemporary trends and issues impacting the profession of therapeutic recreation. ***Prerequisite: Completion of 75 credit hours which includes THRC 245 and one of THRC 240, THRC 300, THRC 342, THRC 344, or THRC 346*** *Note: This course is crosslisted with KIN 447*

MAJOR REQUIRED COURSES:	DESCRIPTION:
CHOOSE THREE FROM THRC 240, THRC 342, THRC 344, THRC 346	THRC 240: Therapeutic Recreation: Aging This course will support the student in the study of the characteristics and capabilities of the aging population, particularly as it relates to recreation, leisure and lifestyle. It focuses on theoretical aspects of aging and their practical implications for therapeutic recreation. This course will also enable the student to further understand issues facing older adults and how such issues can impact quality of life. ***Prerequisite: KIN 120/SRS 120*** *Note: This course is crosslisted with KIN 240.*
	THRC 342: Therapeutic Recreation: Physical and Developmental Disabilities Students will understand the rold of therapeutic recreation in the lives of persons with physical and developmental disabilities. The etiology of physical and developmental disabilities, their impact on quality of life, and factors that influence participation in recreation and leisure will be considered. The social construction of disability will also be addressed. ***Prerequisite: THRC 200*** ***Prerequisite/Corequisite: THRC 245***
	THRC 344: Therapeutic Recreation: Chronic Conditions and Illnesses Students will understand the rold of therapeutic recreation in the lives of persons with chronic conditions and illnesses, their impact on quality of life, and factors that influence participation in recreation and leisure will be considered. The social construction of disability will also be addressed. ***Prerequisite: THRC 200*** ***Prerequisite/Corequisite: THRC 245***
	THRC 346: Therapeutic Recreation: Mental Health and Addictions The course explores mental health and addictions through a therapeutic recreation lens. Students will learn about the breadth of mental health and addictions related conditions and the impact of therapeutic recreation treatment on rehabilitation and recovery. ***Prerequisite: THRC 245 ***
CHOOSE ONE OF KIN 180 OR PSYC 210	KIN 180: Lifespan Growth and Motor Development This course provides a general introduction to the analysis of motor development across the life span. It presents students with the opportunity to investigate the principles, research and applied practice of motor development from infancy to older adult. Current topics in motor development are presented using a unifying constraints model approach. This approach takes into account the individual as well as the environmental and task factors that potentially affect human growth and motor development.
	PSYC 210 - Lifespan Developmental Psychology An introduction to biological, cognitive, and social aspects of psychological development across the lifespan. *** Prerequisite: PSYC 101 and PSYC 102 ***