

KHS Faculty Unit Review

Appendix 6.a

Bachelor of Health Studies Course Description

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Section A: Basic and Breadth Courses

Required Courses	Course Description
ENGL 100	<p>ENGL 100 - Critical Reading and Writing I This course develops students' proficiency in critical reading and writing through the study of a wide range of non-literary and literary texts, and the study of composition, with emphasis on connections between modes of reading and writing. *Note: Students who are planning to repeat ENGL 100 should seek academic advising before doing so*</p>
INDG 100	<p>INDG 100 - Introduction to Indigenous Studies This course introduces the subject of Indigenous studies with a survey of Indigenous peoples in Canada from their origins, through European influence, and to the present. * Note: INDG 100 and INDG 201 can be taken concurrently with permission of the Department Head. *</p>
PSYC 101	<p>PSYC 101 - Introductory Psychology: Social, Developmental, and Clinical Focus An introduction to the study of adjustment, disorders, development, personality and the social environment of the person.</p>
PSYC 102	<p>PSYC 102 - Introductory Psychology: Biological and Cognitive Focus An introduction to the study of brain and behaviour, perception, learning, memory, cognition, motivation and emotion.</p>
SOC 100	<p>SOC 100 - Introduction to Sociology This course introduces students to basic sociological concepts, debates, and modes of analysis. Through discussion of issues such as the cultural development of humans, the socialization process and the structures of global society, students will be introduced to the distinctive approach of sociology.</p>
	KIN 170 or KIN 171
KIN 170	<p>KIN 170 - Lifestyle, Health and Wellness The factors which affect and individual's health will be examined and the potential role of lifestyle choices in the maintenance of health will be discussed. This course will enable the student to become an informed, responsible, active participant in one's own health. * Note: Students will not receive credit for both KIN 170 (KHS 170) and KIN 171 (KHS 171).</p>
KIN 171	N/A

Section B: Research Methods	
Required Courses	Course Description
	STAT 100, STAT 160 or SOST 201
STAT 100	<p>STAT 100 - Elementary Statistics for Applications An introduction to statistical methods; descriptive statistics; the normal distribution; basic techniques of statistical inference; confidence intervals and hypothesis tests for population means and proportions; simple linear regression; and one-way analysis of variance. ***Prerequisite: Foundations of Math 20 or Precalculus 20 or Apprenticeship & Workplace Math 30 or MATH A30 or AMTH 091 or MATH 101*** *Note: STAT 100 and STAT 200 are designed to provide a year-long introduction to statistical methodology with a view towards applications and are not intended for majors in statistics, actuarial science, or any other program requiring a detailed knowledge of statistics. Students who receive credit for STAT 100 may not receive credit for STAT 160*</p>
STAT 160	<p>STAT 160 - Introductory Statistics A comprehensive introduction to probability, probability distributions, sampling distributions, basic techniques of statistical inference, analysis of variance, linear regression, inference for categorical variables, and nonparametric statistics. ***Prerequisite: Precalculus 30, or MATH B30 and MATH C30, or MATH 127*** *Note: STAT 160 is designed to provide a comprehensive single semester introduction to statistical techniques and is intended for students majoring in statistics, actuarial science, or any other program requiring a detailed knowledge of statistics. Students who receive credit for STAT 160 may not receive credit for STAT 100 or STAT 200*</p>
SOST 201	<p>SOST 201 - Statistics and Software for the Social Sciences This course introduces students to the basic methods of statistics with applications in the social sciences and the use of computer software for data management, manipulation and (univariate and bivariate) statistical analysis. ***Prerequisite: Completion of 12 credit hours or SOC 100 or permission of the Department Head*** *Note: It is recommended that sociology majors take SOST 201 and 203 concurrently in the Fall semester.*</p>

Section B: Research Methods (cont.)

KIN 220, SOST 203 or PSYC 204	
KIN 220	<p>KIN 220 - Research Methods in Kinesiology and Health Studies Focus on various research methods and statistical analyses used in Kinesiology and Health Studies. Emphasis on ability to read and understand published research. Course focuses on basic research methods, experimental and non-experimental designs, and basic statistical analyses students will encounter in most Kinesiology and Health Studies research. Emphasis is placed on becoming a critical consumer (read, understand and critique) of research. Students are expected to design their own research project to answer a relevant research question for their own area of interest. ***Prerequisite: One of SOST 201, STAT 100 or STAT 160, and one of ENGL 100 or KIN 101.***</p>
SOST 203	<p>SOST 203 - Introduction to Social Research Methods An introduction to the social research process and the ethical dilemmas faced by social scientists. A survey of the essential procedures for investigating social research problems, including writing literature reviews, stating testable hypotheses, specifying conceptual and operational definitions for relevant concepts, sampling, and selecting appropriate methods for data collection. *** Prerequisite: 12 credit hours or permission of the Department Head *** *Note: It is recommended that sociology majors take SOST 201 and 203 in the Fall semester.*</p>
PSYC 204	<p>PSYC 204 - Research Methods in Psychology An examination of research methods in psychology. Psychology majors should take this course early in their programs, as it is relevant to all areas of psychology and is a prerequisite for many upper year courses. *** Prerequisite: PSYC 101 and PSYC 102 ***</p>

Section C: Indigenous Health Courses	
Required Courses	Course Description
INHS 100	INHS 100 - Introduction to Indigenous Health Studies I Introduction to health science emphasizing Indigenous perspectives. Topics: history of health and health care, theories of health, personal health, consumerism, interpreting health information and statistics, health careers.
INHS 101	INHS 101 - Introduction to Indigenous Health Studies II Introduction to health science emphasizing Indigenous perspectives. Topics: organization of health services, mental health, nutrition, fitness, sexuality, human relationships, substance abuse, communicable and chronic disease, aging, environmental health, ethical issues. *** Prerequisite: INHS 100 ***
INHS 200	INHS 200 - Traditional Indigenous Health Concepts Traditional health concepts of aboriginal peoples, emphasizing the aboriginal peoples of North America. The history, evolution, and relevance of traditional beliefs to contemporary health care and health issues are explored. *** Prerequisite: INHS 100 or two INDG courses **
INHS 210	INHS 210 - Contemporary Issues in Indigenous Health An in-depth examination of contemporary issues in Indigenous health including community planning, major health issues, government policy, Indigenous control of health care, human resource development, and alternative models of delivery. *** Prerequisite: INHS 100 and INHS 101 **
INHS 300	INHS 300 - Community-Based Indigenous Health Research Methods This course will focus on basic community-based health research methods involving Indigenous populations in Canada. It will examine the dynamics of conducting applied health research in culturally appropriate ways including special attention to ethics, sensitivities, protocols, and health priorities. Western approaches and research paradigms to research will be analyzed as well as an overview of the importance of research by, with and for Indigenous communities. There will be an opportunity to understand practical applications of community-based research methods presented in the course. *** Prerequisite: INHS 100, INHS 101, and INHS 210 ***

Section D: Health and Society	
Core Required Courses	Course Description
	Two courses from: ANTH 343, ECON 253, ECON 353, ENGL 271, MAP 301, HIST 271, KIN 178, KIN 205, KIN 370, SOC 222, SOC 288, PHIL 273, PHIL 276, WGST 301
ANTH 343	ANTH 343 - Medical Anthropology The comparative study of medical systems and how they interact with their social and cultural context, including such issues as the healer-patient relationship, the socio-cultural construction of health and illness, and medical pluralism. ***Prerequisite: Completion of 30 credit hours including at least 3 credit hours in ANTH, or permission of the department head.***
ECON 253	ECON 253 - Economic Issues in the Canadian Health Care System Surveys the Canadian health care system from an economic perspective. Discusses common misconceptions about health care. Examines the economic costs and socio-economic benefits of health care in this country, and compares the health care system here with those prevailing in other countries. *** Prerequisite: 15 credit hours or ECON 100 ***
ECON 353	ECON 353 - Health Economics Examines the Canadian health care system from an economic perspective. Uses models of patient, physician and institutional behaviour to analyze the factors governing health and the demand for health care, and to evaluate competing proposals for health care reform. ***Prerequisite: ECON 201 or ECON 253***
ENGL 271	ENGL 251 - Expository and Persuasive Writing The theory and practice of expository and persuasive writing. Each student will be expected to write several papers in a variety of modes of writing. *** Prerequisite: A combined average of at least 60% in any two English courses numbered 100 or higher, and completion of at least 30 credit hours. **
MAP 301	MAP 301 - Mapping Illness What does it mean to represent the diseased body? What are the relations between health, illness, Otherness and deviance in representation? As several interdisciplinary investigations of the body in crisis this course will look at how illness has been represented from the sixteenth century to the present. ***Prerequisite: Completion of 30 credit hours*** *Note: Students may only receive credit for one of FA 301 and MAP 301*
HIST 271	HIST 271 - Health, Disease and the Body: The History of Medicine in Western Culture This course surveys the history of medicine by exploring how concepts of healing, disease, and the body have changed over time. Themes to be explored include: the role of magic and religion in healing, social impact of contagious disease, gender and reproduction, mental illness, and the development of medical professions. ***Prerequisite: One 100 level HIST course or completion of 15 credit hours ***

Section D: Health and Society (continued)	
Core Required Courses	Course Description
KIN 178	N/A
KIN 205	KIN 205 - Applied Philosophy in Kinesiology and Health Application of philosophical theories and concepts to kinesiology and health. ***Prerequisite: Completion of 15 credit hours, including ENGL 100 or KIN 101.***
KIN 370	KIN 370 - Health Psychology To provide exposure to various social psychological theories and models designed specifically in an attempt to understand health and exercise behaviours. ***Prerequisite: KIN 115 and KIN 220; or PSYC 101 and PSYC 102, and 204***
SOC 222	SOC 222 - Sociology of Health This course introduces students to sociological perspectives on health and illness. The course will examine the history of health care, including the Canadian Health Care System. Current debates over the future of Medicare will be examined, including the relative roles to be played by public and private systems. ***Prerequisite: Completion of 12 credit hours or SOC 100 or permission of department head*** *Note: SOC 100 is required for all majors in Sociology*
SOC 288	SOC 288 - Sociology of Addiction This course explores the concept of addictive behaviour using different models and theories relevant to understanding addiction within Canadian society from a sociological perspective. ***Prerequisite: Completion of 12 credit hours or SOC 100 or permission of the Department Head.***
PHIL 273	PHIL 273 - Biomedical Ethics A philosophical examination of such issues as the definition and determination of death, rights of dying persons, euthanasia and natural death, and such moral questions in the physician-patient relationship as confidentiality, truth-telling and coercion against religious belief. *** Prerequisite: PHIL 100 or completion of 15 credit hours ***
PHIL 276	PHIL 276 - Professional Ethics Philosophical consideration of ethical problems which arise in the context of the conduct of various professions. Areas may include justice, business ethics, biomedical ethics, ethics of education, ethics of privacy and confidentiality (with applications to journalism, social work, psychology), and environmental ethics. *** Prerequisite: PHIL 100 or completion of 15 credit hours *** * Note: Students may receive credit for only one of PHIL 276 or JS 276.*

Section D: Health and Society (continued)	
Core Required Courses	Course Description
WGST 301	<p>WGST 301 - Women and Health: Local and Global This course examines a wide range of issues in women's health and wellness from a critical feminist perspective. It will cover a range of topics such as the ramifications of the biomedical model for women's health, disparities in women's health, AIDS, mental health, violence against women, aging, disabilities, and reproduction. *** Prerequisite: Completion of 30 credit hours, or permission of Coordinator*** * Note: Formerly numbered WMST 380AF. Students may not receive credit for both WGST 301 and WMST 380AF. *</p>

Section E: Health Studies	
Required Courses	Course Description
	<p>HS 200 - Understanding Health and Illness (3:3-0) An exploration of the major theories and models of health and illness (biomedical, health promotion, population health). Problem-based seminar. Prerequisite: Completion of 15 credit hours, including one of ENGL 100 or KIN 101 (or equivalent). *Note: Normally offered in fall semester only.</p>
	<p>HS 300 - Health in Canada (3:3-0) A political, economic and social history of health and health care in Canada. Problem-based seminar. Prerequisite: HS 200. *Note: Normally offered in winter semester only.</p>
	<p>HS 301 - Health Issues (3:3-0) An interdisciplinary examination of selected contemporary health issues. Problem-based seminar. Prerequisite: HS 200. *Note: Normally offered in winter semester only.</p>
	<p>HS 400 - Health Studies Inquiry (3:3-0) Systematic inquiry into a selected health topic. Students will identify health issues, develop researchable questions, conduct research, and present findings. ***Prerequisite: HS 300, One of STAT 100/160, SOST 201 or PSYC 305 and one of KIN 220, PSYC 204 or approved research methods course*** *Note: Normally offered in fall semester only.*</p>

Section F: Field Experience	
Required Courses	Course Description
	HS 448 - Fieldwork Students will be given the opportunity to apply their knowledge in a specific professional role related to their area of interest. The work experience will be undertaken by the student under supervision of a cooperating professional and the Fieldwork Coordinator. Prerequisite: Completion of 75 credit hours, including INHS 200, HS 300, KHS 300, and a minimum 60% PGPA. **Permission of the Fieldwork Coordinator is required to register.**
	HS 450 - Fieldwork Project This course offers the senior health studies student with the opportunity to use their knowledge in skill in a professional setting. Further students will learn about professional environments through a program and service delivery lens. Seminar-based discussions will help students critically analyse their experiences, appreciate and examine various perspectives, and develop theoretical and practical ideas for their projects. <i>Corequisite: HS 448</i>
Section G: Approved Electives	
Required Courses	Course Description
	Four courses from: ANTH 343, BIOL 100, BIOL 101, ECON 353, EHE 258, ENHS 101, ENHS 110, ENHS 320, ENHS 321, ENHS 250, ENHS 380, ENHS 430, HS 281 AA-ZZ, HS 381 AA-ZZ, HS 481 AA-ZZ, INDG 100, INHS 250, INHS 350, INHS 450, KIN 180, KIN 260, KIN 267, KIN 268, KIN 269, KIN 275, KIN 240, KIN 278, KIN 370, KIN 378, KIN 478, PSCI 439, PSYC 255, PSYC 333, PSYC 356, SOC 207, SW 412, SW 416, SW 417, SW 477 (INSW 377), WGST 202, WGST 301
Section H: Open Electives	
Required Courses	Course Description
	Eight Open electives
Non-Credit Requirements	
Required Courses	Course Description
KHS 300	KHS 300 - Pre-Fieldwork Seminar This non-credit mandatory pre-fieldwork seminar will provide the student with an in-depth overview of the Fieldwork Program within Kinesiology and Health Studies. Students will gain an understanding of the policies, procedures, rules, and responsibilities of the student, faculty, and agency. ***Prerequisite: Completion of 60 credit hours***
CS 100 or BUS 007/ADMN 007	Computer Application lab (credit with CS 100 or BUS 007/ADMN 007)
ARTS 099	ARTS 099 (Arts students) or KHS 100 (KHS students)
	<i>*Note: A maximum of 48 credit hours of 100 - level courses is permitted in the BHS</i>