

RESEARCH TOPIC: THE USE OF COMPLEMENTARY AND ALTERNATIVE MEDICINE AMONG PATIENTS DIAGNOSED WITH TYPE 2 DIABETES MELLITUS AT LEKMA HOSPITAL

ABSTRACT

Background

The increasing use of complementary and alternative medicine has brought attention to the existing communication gaps and knowledge for healthcare professionals about their ability to counsel clients properly on available treatment options for their diseases.

The use of complementary and alternative medicine outside conventional medicine has always been an important aspect of Public Health Care in middle income countries.

The purpose of the study was to explore the use of complementary and alternative medicine among patients diagnosed with type 2 diabetes.

Methods: An explorative descriptive study approach to research was used to collect data from persons diagnosed with type II diabetes at the Ledzokuku-Krowor Municipal Assembly (LEKMA) Hospital Ghana. The study was guided by the Fouladbakhsh & Stommel (2007) model of complementary and alternate medicine use. Although the constructs include predisposing factors, enabling factors, need factors, use of conventional chronic pain, use of complementary and alternative medicine, and outcome of care, not all the constructs were applied in this study. The semi structured interview guide was prepared with the CAM Healthcare model as a guide to the objectives of the study. Thematic content Analysis was used during data analysis to bring out the themes and sub-themes that emanated from the transcribed data.

Keywords

Complementary and alternative medicine, facilitators, barriers, herbal medicine.

Fouladbakhsh & Stommel (2007) Complementary and Alternate Medicine Healthcare Model

