



Diversity Calendar Resources for April 2025

NATIONAL

National Volunteer Week: April 27 - May 4, 2025

Volunteers create ripples of change, shaping stronger, more connected communities. The 2025 theme, *Volunteers Make Waves*, highlights the power and impact of volunteerism across Canada.

Like waves in motion, every act of volunteering—big or small, builds momentum, inspiring positive transformation. Volunteers foster well-being, inclusivity, and resilience, amplifying their impact across generations.

This National Volunteer Week, we celebrate those who share their time, skills, and compassion, making waves that uplift society.

Together, we create ripples of change.

#VolunteersMakeWaves #NVW2025



**NATIONAL
VOLUNTEER
WEEK 2025**
VOLUNTEERS MAKE WAVES

APRIL 27 - MAY 3



National Caregiver Day: April 1, 2025

Caregiving goes beyond daily responsibilities; it's about emotional resilience, cultural understanding, and practical confidence.

Across diverse communities, caregivers provide essential support, often navigating unique challenges shaped by cultural values, traditions, and family dynamics.

On National Caregiver Day 2025, Carers Canada recognizes and celebrates the dedication of caregivers from all backgrounds.

This year, the campaign focuses on inclusivity, ensuring that every caregiver, regardless of culture, language, or experience has access to the guidance, tools, and support they need.



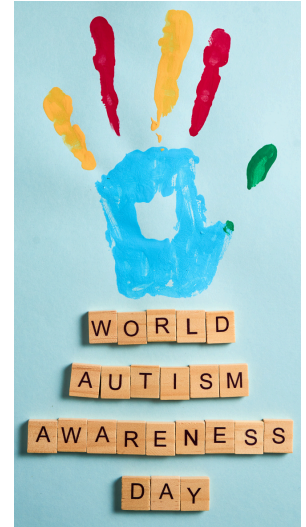
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INTERNATIONAL

World Autism Awareness Day: April 2

Since the UN designated April 2 as World Autism Awareness Day in 2007, efforts have evolved from raising awareness to promoting acceptance, inclusion, and the rights of autistic individuals. Autistic advocates have been instrumental in shaping global discussions and driving progress toward equality.

The 2025 observance, themed “Advancing Neurodiversity and the UN Sustainable Development Goals (SDGs),” highlights how inclusive policies can support autistic individuals while contributing to global sustainability. Organized by the Institute of Neurodiversity (ION), with UN support, this year’s event on April 2 emphasizes collaboration across sectors to break barriers, foster inclusion, and recognize the valuable contributions of autistic individuals worldwide.



International Day of Sport for Development and Peace: April 6, 2025

The International Day of Sport for Development and Peace (IDSDP) recognizes sport’s power to bridge divides and drive positive change. In 2025, the theme “Leveling the Playing Field: Sport for Social Inclusion” highlights sport’s role in challenging stereotypes, promoting equal opportunities, and fostering inclusive societies - regardless of age, gender, or race. Sport is a unifying force - this year’s observance reinforces its power in building a more equitable world.

World Health Day: April 7, 2025

World Health Day marks the anniversary of WHO’s founding in 1948 and highlights a key global health issue each year. In 2025, the year-long campaign “Healthy Beginnings, Hopeful Futures” will focus on maternal and newborn health, urging governments and healthcare providers to prevent maternal and newborn deaths and support women’s long-term well-being. Ensuring high-quality, accessible care is essential to helping every mother and baby survive and thrive. **“The health of mothers and babies is the foundation of healthy families and communities, helping ensure hopeful futures for us all.”**

International Day of Pink: April 9, 2025

We honor Re-Emergence: a tribute to the courage and resilience of 2SLGBTQIA+ activists who have fought, and continue to fight, for safer, more inclusive communities.

The [Day of Pink home page](#) lists several significant milestones in 2SLGBTQIA+ history. It also highlights the reasons for standing together, acting now and being an ally, and reminds us to reflect on the past, celebrate progress, and work toward a brighter, more equitable future together.



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World Creativity and Innovation Day: April 21, 2025

World Creativity and Innovation Day highlights the essential role of creativity and innovation in economic, social, and sustainable development. The creative economy, encompassing industries like design, media, and the arts, drives job creation, income generation, and cultural identity, contributes to 3.1% of global GDP and 6.2% of employment. However, it remains vulnerable to underinvestment and evolving challenges, such as AI's impact on creative industries. Emphasizing green innovation, fair policies, and technological adaptation, this year's observance urges governments, industries, and individuals to invest in creativity as a catalyst for a more inclusive, resilient, and sustainable future.

Earth Day: April 22, 2025

Biodiversity, the variety of life on Earth, is essential for a healthy planet and human survival. Ecosystems - whether forests, grasslands, or tundras - thrive through species interactions, but human activity like overconsumption and habitat destruction is threatening biodiversity, leading to food and water shortages.

Protecting biodiversity requires localized efforts, as ecosystems differ by region. Municipalities play a key role in conservation and restoration. The City of Regina values existing community gardens and supports the creation of new ones, as they provide residents who may not have access to land the opportunity to grow fresh, healthy food. The city also plants fruiting trees and shrubs throughout our parks and open spaces. This provides fruit-bearing vegetation for members of the community to harvest and enjoy.

How we can help:

- Join community efforts like Bioblitz events or the Biodiversity Collage to learn about and document local species.
- Support pollinators by delaying lawn mowing (No Mow May) to allow flowers to bloom.
- Engage with Earth Day Canada's campaign to take further action.

Protecting biodiversity ensures a sustainable future - small actions create big impacts!



World Day for Safety and Health at Work: April 28, 2025

The World Day for Safety and Health at Work promotes the prevention of workplace accidents and diseases globally. The International Labour Organization (ILO) emphasizes the importance of fostering a safe and healthy work place culture to reduce work-related injuries and fatalities. New risks are arising from technological innovations, workplace changes, and emerging employment forms. These include risks from nanotechnology, biotechnology, and increased workloads due to job changes. Recognizing and addressing these emerging risks is crucial for ensuring workplace safety in a changing climate.