

### UNDERGRADUATE NEWS

FEBRUARY 2025

#### **Upcoming Deadlines and Important Dates**

FEBRUARY 3 - Career Fair

FEBRUARY 17 – FAMILY DAY – UR is CLOSED

FEBRUARY 17-23 – Winter Break

MARCH 4 – Women in Engineering

MARCH 5 – Registration Opens for 2025/26

#### **Important Contacts**

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Diana Sharpe ED 431.1 306-337-2423 Diana.Sharpe@uregina.ca Remember One-Time Registration!... you will register for <u>Spring/Summer</u> 2025, <u>Fall 2025</u> AND <u>Winter 2026</u>!

February 4th students will have access to view the upcoming semester time schedules on UR Self-Service.

Watch out for that on <u>UR Self-Service</u>!

Check your time-tickets for when you can register. Go to UR Self-Service-Registration-Check your Registration Status.

# Tuesday March 4<sup>th</sup> REGISTRATION OPENS

Graduation Photos - optional for undergraduate and graduate students

Students graduating after completion of program requirements in December 2024 or April 2025 may book an appointment through Camera One. For more information check out <u>Camera One</u> website.

<u>Camera One</u> is the designated photographer for the Faculty of Engineering and prepares the Class Composite.



The Engineering General Office sells DRAFT PAPER. It's \$6/pad. Cash only please.

## Women in Engineering!

Mark your calendars!

## "Accelerate Action"

Panel discussion and refreshments to follow

## March 4<sup>th</sup> | 4:00-5:30 | CK 187

## CESL – Career Fair

## February 3 | 10:00 | GYM 3

This is your opportunity to connect with employers and explore career options! Check it out!

#### UR International - Global Learning Centre!

Building a strong foundation for academic achievement is at the heart of each service provided through the <u>Global Learning Centre</u>. Programming is offered daily through inperson and virtual platforms, international students can enjoy free access to a variety of tutoring supports, interactive learning events and workshops, as well as a multitude of social engagement opportunities that promote academic excellence while encouraging a sense of community and belonging.

#### Support Services for Academic Excellence

Our specially trained, faculty-recommended tutors can support a variety of academic needs, from English and French language and writing skills to science-related field of study content comprehension to time management and understanding academic expectations.

Tutoring will be offered for the following areas of focus in Winter 2025: English and Writing; French and Writing; Biology; Computer Science; Mathematics; Statistics

#### Interactive Learning Events and Workshops

Our workshops and other interactive learning events provide safe and inclusive opportunities for collaboration, discussion, and engagement to facilitate personal, academic, and professional growth.

Workshop series that will be offered in Winter 2025 include: Academic Excellence; Career Readiness; Culture and Identity; Health and Wellness; Library and Technology

Social Engagement and Community Building

Through the International Peer Advisor Program, students can establish a sense of community and grow their social networks through shared experiences as global citizens.

Requests to connect with a peer mentor or information on how to join the program can be found on the <u>International Peer Advisor Program</u> website.

<u>Sign up for the Global Learning Centre Weekly Newsletter</u> and be up to date on the latest sessions, tutoring, events and activities available.



If it felt stressful, you're not alone. However, stress, if left unaddressed, can impact your academic performance, mental health, and overall well-being. Taking time to reflect on the root causes of your stress is essential.

#### Ask yourself:

- Did you find the course material challenging?
- Are you a perfectionist striving for unattainable standards?
- Did procrastination or poor time management add to your workload?
- Was your work-life balance off?
- Were financial or health concerns weighing on you?

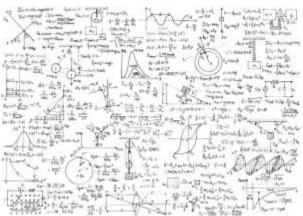
Whatever the cause, help is available, and you don't have to navigate it alone:

- <u>Global Learning Center</u>: In 2025, watch for sessions on time management, organization, and writing skills. Free tutoring is always available.
- <u>URSU</u>: Learn about student health benefits, food security programs, student discounts, and URSU Thrifts.
- <u>Student Health Clinic & Mental Wellness Hub</u>: Access primary care and a variety of mental health support services.

Seeking help is a sign of strength, not weakness. Engineering is about solving problems—approach stress as a challenge you can tackle with the right tools and support!

# ERSE students! If you are currently in Term 4, then you MUST take Term 6 classes in the Spring/Summer 2025.

# Please make an appointment with your Academic Advisor through our <u>website</u>.



# Does your notebook look like this?

engineering.com

Check out <u>ENGINEERING CONVERSATIONS</u>. This is a podcast hosted by our very own Dr. deMontigny. It focuses on what engineering is all about and the kinds of jobs you can get once you cross the stage with that degree in your hand!



### **PROJECT DAY QUESTIONS**

if you have any questions about Project Day, please email Diana.Sharpe@uregina.ca.



## John and Tillie Mitchell Workshop

**Fourth Year students!** Did you know that you can use the Workshop to help you with your Project? Yes! You can use the Workshop and basic tools to help you. Check out their website: <u>https://www.uregina.ca/engineering/support-resources/mitchell-workshop.html</u>

## <u>12 Month Internship</u>

The Engineering Co-operative Internship Program is set to begin a new intake of students, with placements commencing in September 2025 for 12 months. We will be accepting applications from **March 3<sup>rd</sup> through March 21<sup>st</sup>**, 2025. Applications for Fall 2025 Internship must be made by completing the application form in <u>Career Connect</u>. If you have any questions about the

application, please contact the <u>coop.office@uregina.ca</u>. Afterwards, a co-op coordinator from the Co-op office will reach out to book an entrance meeting with you.

Eligibility: Completion of Terms 1-7 classes (enrollment in Term 6 – SS 2026), minimum 72 credit hours, maximum 102 credit hours completed, Term and PGPA no less than 60%.

Please note - if you are an International Student and do not have a Co-op Work Permit, you will need to apply for it before February 14, 2025. Please email the co-op office (coop.office@uregina.ca) to request a letter of support for your application.

### Dean's Honour List for Fall 2024

Students eligible for the Dean's Honour List must obtain an 85% Term GPA on at least 12 credit hours. Congratulations to all those who made this list in Fall 2024! We are proud of you! Engineering is a challenging program so good for you! Check the website and display case! See if your name is there!

## That's all! Enjoy Winter Break!

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