Math 527 - Homotopy Theory Spring 2013 Homework 14, Lecture 4/24

Problem 2. Let *n* be a positive *even* integer. Let $\iota \in \pi_n(S^n)$ denote the class of the identity map, and consider the Whitehead product $[\iota, \iota] \in \pi_{2n-1}(S^n)$. Show that its Hopf invariant $H([\iota, \iota])$ is equal to 2.

Hint: Consider the map of cofiber sequences

where ∇ denotes the fold map.